



Changing Rooms and Changing Policy

Purpose:

The safety, privacy, and comfort of all children participating in Just Play Sports activities are our highest priorities. This policy outlines how children should change clothing before and after activities, including swimming sessions, and in other situations such as changing out of soiled or wet clothing.

1. General Principles

- Children should be provided with safe, private, and supervised spaces to change wherever possible.
- Staff must respect the privacy and dignity of all children.
- Children should never be forced to change in public areas or in view of others.
- Where supervision is required for safeguarding, staff should be present in a way that does not compromise privacy (e.g., outside the door, visible through a window, or in pairs maintaining appropriate distance).

2. Swimming Sessions

- When changing for swimming, children should use designated swimming pool changing rooms.
- Staff should ensure that changing rooms are segregated by gender where appropriate.
- Staff should not enter cubicles or shower areas; supervision should focus on safety in communal areas.
- Children should bring appropriate swimwear and towels.

3. Other Changing Situations (Dirty or Wet Clothing)

- If a child's clothing becomes soiled, wet, or otherwise requires changing, staff should provide an appropriate private space to change.
- Where no dedicated changing rooms are available:
 - Temporary private spaces may be arranged using screens, portable changing tents, or separate rooms not in use.

- Staff should ensure that the space is safe, clean, and private.
- Children should be encouraged to bring a spare set of clothing to club sessions to handle unexpected situations.

4. Supervision

- Supervision is required to safeguard children but must balance safety with privacy.
- Staff should avoid direct observation during changing unless there is a specific safeguarding concern.
- Where possible, staff should be in pairs when supervising changing areas to protect both children and staff.

5. Children with Special Requirements

- Individual needs should be considered, including mobility issues or developmental needs.
- Parents or guardians may be asked to provide guidance for the child's changing requirements.

6. Guidance for Staff

- Staff should never:
 - Change children's clothes for them (except if necessary for health or safety reasons).
 - Enter cubicles or toilets used by children.
 - Take photographs or videos in changing areas.
- Staff should report any incidents related to changing or privacy concerns immediately to the club's safeguarding officer.

7. Parental/Guardian Communication

- Parents/guardians should be informed about the club's changing arrangements.
- Parents are encouraged to provide spare clothing, swimwear, and any necessary equipment to support their child's comfort and hygiene.

Reviewed: 19th August 2027

Name: Jack Dillon

Position: Director

Signed: Jack Dillon